

Social Media

- any website or app that focuses on communication, interaction, collaboration and content-sharing
- most social media has a user age restriction of at least 13

Pros

- share things you're proud of
- keep in touch with friends
- learn new things (recipes/dances)
- share a talent
- find information for school
- work with others

Cons

- oversharing
- trolls/cyberbullying
- misinformation
- social media addiction
- mental health/depression
- self-esteem
- inappropriate content

- * set profile to private/check settings
- * only accept friends online that you know in real life